

School	Goal	Activities
CB West	Promote healthy eating choices through education	Provide samples of locally grown fruit and vegetables through contributions from local growers Provide education of food preparation and healthy recipes through guest chef program
Unami	Promote physical activity	Continue student volleyball and floor hockey club Look to add jump rope club
Unami	Promote healthy lifestyle	Display nutritional information outside of cafeteria AM Announcements to promote more health related topics Health Bulletin Board outside nurse's office 2011 health resolution : Ask students and staff to make a health resolution and share
Doyle	Physical Activity	Doyle 5K and Fun Run International Walk to school day Move it outside day Walking Mileage Club Fitness Calendar Jump Rope Month School newspaper: Healthy Tip of the Month
Doyle	Promote healthy eating choices	Apple Crunch Day PACK (pack assorted colors) Week Go for the Green Week
Jamison	Promote healthy eating choices	Breakfast promotion: Guess the number of Cheerios in a jar Chart favorite breakfast food Bring breakfast to school day Fruits and Vegetable: Chart how many fruits and vegetables students eat Food tasting of a variety of fruits and vegetables Eat Your Colors-each day a different color was highlighted. The students wear the color of the day, mini lesson in the classroom on healthy eating around this color and taste testing in the cafeterias of food of that color. Morning announcements and posters to support nutrition information related to the color. Create a health meal on a plate Milk Promotion: Created "ads" with students, high school athletes and staff with milk mustaches.

Jamison	Promote physical activity	Moving More: Take it Outside day
Warwick	Promote physical activity	"Just Running" Club Jump Rope Club
Warwick	Promote healthy eating choices	Encourage healthy snacks for parties/birthdays
Warwick	General Wellness	Wellness Menu provided to classroom teachers containing a daily wellness activity
Groveland	Parent Education	Speakers at Home and school meetings on head trauma/concussion, immunization changes and internet safety
Groveland	General wellness	Monthly parent newsletter has a topic on health and wellness Weekly announcement to students related to topic of the month Research concept of a Community Health/Wellness Day
Groveland	Promote physical activity	Explorers Clubs: running clubs, karate, cooking, Kids Fit Jump Rope Club
CB South	General Wellness	Discussion on hosting a students wellness group/club Secret Pals program
Tohickon	Promote healthy eating choices through education	Apple Crunch day Milk Month Cereal/Grains month Fruit Month (A-Day) Go for the Greens
Tohickon	Physical Activity	Fitness club School walking Program Survivor Island- 8 week fitness challenge
Tohickon	General Wellness	Stress Management Health Skin Student Health Ambassadors

Linden	Physical Activity	"Let's Run" Program International Walk to School day Walking Mileage Club Fitness Calendar sent home monthly
	Promote healthy eating choices	Display nutritional information outside cafeteria Healthy Snacker trackers Apple Crunch day PACK Week Go for the Greens
	General Wellness	AM announcements to promote fitness and health related topics Fitness Friday Wellness calendar sent home monthly
Barclay	Promote healthy eating choices	PACK Week Health recipe included in monthly parent newsletter
	General Wellness	AM announcements to promote fitness and health related topics
	Fitness	Each student will write a fitness goal and it will be posted on sneakers outside the classroom. Goals revisited in the spring. Fitness calendar sent home monthly
Bridge Valley	Promote healthy eating choices	Apple Crunch day Community Vegetable Garden Go Green for St. Patrick's Day Healthily Snack Challenge
	Fitness	Turkey Trot Family Fit fest Monthly Fitness Calendars Healthy Walk every Bridge Valley day
	General Wellness	Health Watch- BTVV New Year's resolutions Tribune articles with facts and recipes Trivia Parent Education Nights

Gayman	Fitness	Weekly yoga class fro teachers Weekly Pillo Polo for teachers and students Running Club for students Annual Run for Fitness in June
	General Wellness	After school clubs in January and February